

Shri Shivaji Education Society Amravati's
Mahatma Fule Arts, Commerce & Sitaramji Chaudhari Science
Mahavidyalaya, Warud, Dist. Amravati
NAAC Reaccredited 'B' Grade

Patron



Shri. Harshvardhan P. Deshmukh
President, Shri Shivaji Education Society,
Amravati

Principal



Dr. J. D. Wadate
Convener

Department of Botany
In Association with
IQAC

Organizes

NATIONAL WEBINAR
ON

"Health & Nutrition In Post Covid-19 Pandemic Era" (NWHNPCPE-2021)
WEDNESDAY, 20TH OCTOBER, 2021; AT 1.00 PM



RESOURCE PERSON



Dr. Ashvini Bajad
Lifestyle Coach, PUNE

Registration Free

Registration Link-
Whatsapp group link
Google meet link

- <https://forms.gle/gbHnWEN7X4r3WJ8S6>
- <https://chat.whatsapp.com/JQ5mowd8YPQBy2BEF6Cdao>
- <https://meet.google.com/jfn-gqjw-ivh>

ORGANIZING COMMITTEE



Dr. Sanjay V. Satpute
(IQAC Co-ordinator)
Professor & Head, Department of Botany



Dr. Sharayu. S. Deshmukh
Organising Secretary



Dr. Mangesh. B. Bobade
Member, Organizing Committee



Dr. Pranjali J. Deshmukh
Member, Organizing Committee

Dear faculty members and students,

We are happy to announce that Department of Botany & IQAC, Mahatma Fule Arts, Commerce & Sitaramji Chaudhari Science Mahavidyalaya, Warud, Dist. Amravati is organizing **National Webinar on "Health & Nutrition in Post Covid-19 Pandemic Era"** on **Tuesday, 20th October, 2021; At 1.00 pm**. We hope you will participate in this event to deal with the pandemic staying fit and healthy.

For Details Contact

Dr.M. B. Bobade7666383193, Dr. P. J. Deshmukh – 9049919909, Dr. S. S. Deshmukh -9823032285

STAY ALERT, STAY FIT

NATIONAL WEBINAR

ON

“HEALTH & NUTRITION IN POST COVID-19 PANDEMIC ERA”

(NWHNPCPE-2021)

ORGANIZED BY DEPARTMENT OF BOTANY & IQAC

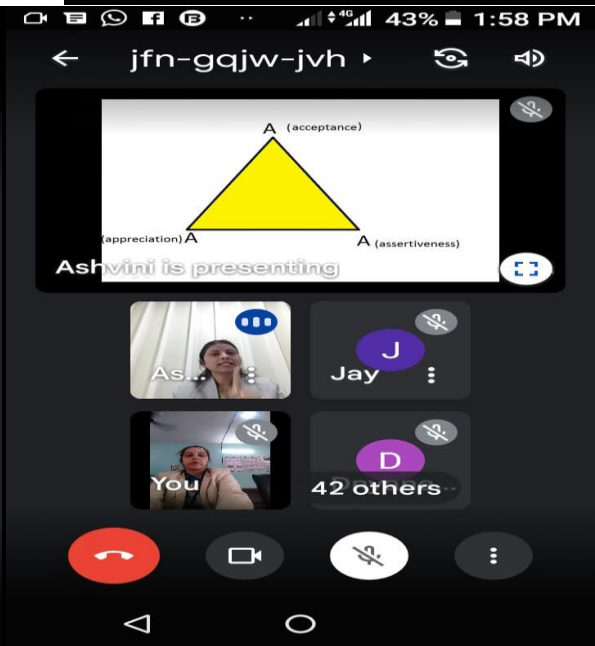
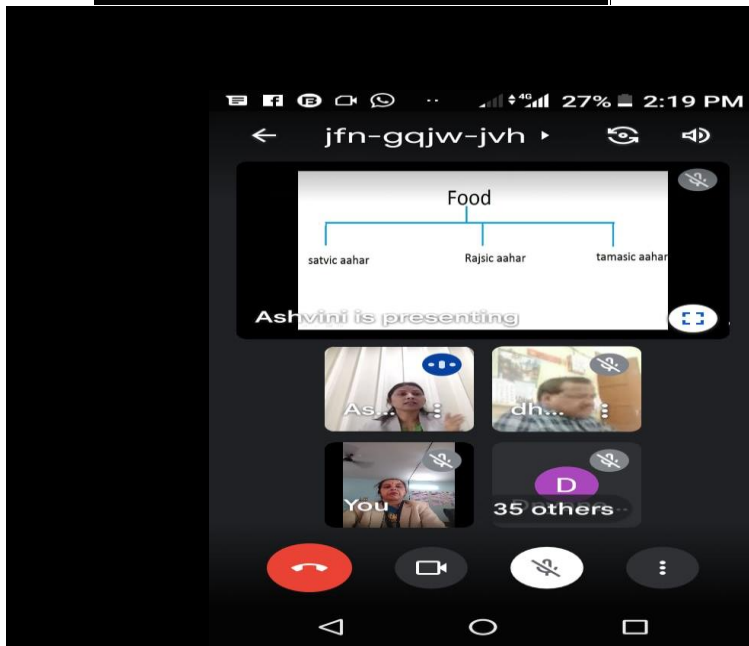
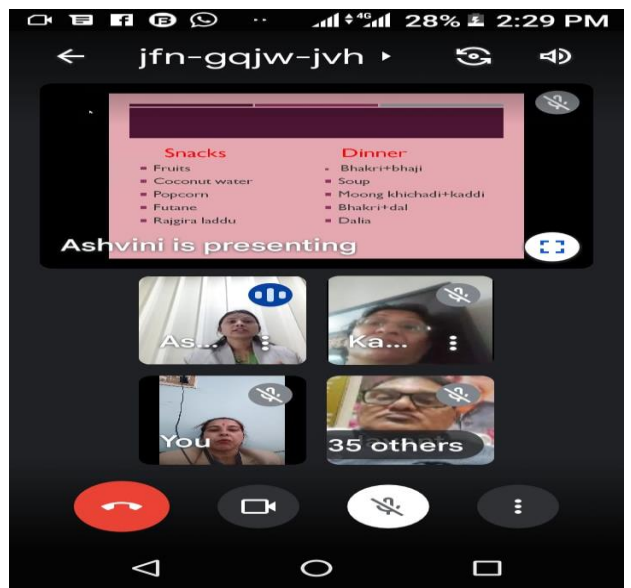
**Mahatma Fule Arts, Commerce & Sitaramji Chaudhari Science Mahavidyalaya, Warud, Dist.
Amravati**

SCHEDULE

CLICK THE BELOW THE GOOGLE MEET LINK

<https://meet.google.com/jfn-gqjw-jvh>

DAY WEDNESDAY 20TH OCTOBER 2021		
Session -I	Time	Talk
Section1 (Welcome Ceremony)	1.00pm to 1.10pm	Dr.Mrs.Sharayu S.Deshmukh
Section- 2 (Introductory speech)	1.10pm to 1.20pm	Dr. Sanjay V.Satpute
Section -3 (Introduction of guest)	1.20pm to 1.25pm	Dr. Mangesh B.Bobade
Section- 4 (Invited talk)	1.30pm 2.30pm	Resource Person Dr. Ashwini Bajad Lifestyle Coach, Pune.
Section- 5 (Principal Remark)	2.30pm to 2.45pm	Dr. J. D. Wadate
Section- 6 (Vote of Thanks)	2.50pm to3.00pm	Dr.Pranjali J.Deshmukh




**Report of National Webinar
"Health & Nutrition in Post Covid-19 Pandemic Era"
Organized on 20th October**

Department of Botany organized National Webinar "Health & Nutrition in Post Covid-19 Pandemic Era" on 20th October 2021 in a virtual manner. Principal, Dr. J. D. Wadate was the Convener of this webinar. Dr. J. D. Wadate Sir was very kind enough to permit the organization of this webinar. Resource person Dr. Ashwini Bajad, Lifestyle Coach, Pune delivered her talk on "Health & Nutrition in Post Covid-19 Pandemic Era". During her talk Dr. Bajad madam simply explained importance of nutritional diet, composition of diet, importance of physical exercise and yoga & meditation. Her lecture was very much helpful for our teacher, staff as well as students also. She also stressed on requirement of sound sleep for minimum eight hour.

Dr. S. V. Satpute, Professor & Head, Botany Department & IQAC Coordinator gave introductory speech and spoke about the necessity of awareness programs on such topic of public interest. Organizing Secretary Dr. Sharayu S. Deshmukh, Assistant Professor in Botany & Naturopathiest conducted the program very well. Dr.M.B.Bobade Assistant Professor in Botany introduced the guest speaker. Dr.Pranjali Deshmukh Assistant Professor in Botany proposed vote of thanks. In this webinar total 163 participants registered & out of these 150 participants joined the webinar online.




Dr. Sharayu S. Deshmukh
Organizing Secretary


IQAC Coordinator
Mahatma Fule Arts, Commerce and
Sitaramji Chaudhari Science
Mahavidyalaya, Warud, Dist. Amravati


PRINCIPAL
Mahatma Fule Arts, Com. & Sitaramji
Chaudhari Sci. Mahavidyalaya, Warud